

DATING LINGOS

TOP 50 DATING TERMS YOU NEED TO MASTER

DON'T GET PLAYED GET SCHOOLED



BY MANDY MEE

THE MME AGENCY

The MME Agency is a UK based personal matchmaking and coaching agency that reduces the burden of dating for high profile Professionals and Entrepreneurs. We help find and establish meaningful relationships with like-minded individuals through a holistic traditional dating approach. Cultivating new mindsets to identify your full potential for a loving long term relationship and a healthy balanced lifestyle.

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Let's face it, dating is like blackjack and you have to be mindful of which hand has the highest value

Learn the lingo and stay one step ahead of the game



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INTRODUCTION

If you are unable to differentiate when you're being Submarined to Ghosted, then this guide of dating terms is for you.

Dating in the millennial generation is nothing compared to traditional dating of the older generation and of course, expecting things to remain the same defies the logic of evolution. Everything in life develops into something for a greater purpose but I personally think dating has become more challenging, perhaps even worse but others may feel indifferent if this new norm favours them.

Dating shouldn't be as complicated or difficult if people just date with intention and are honest with who they are and what they want from the get go. The myriad of dating apps and social media has certainly had an influence on commitment where people seem more inclined to have casual relationships and gone are the days where boy meets girl, takes girl out on a date and by months end, they're exclusive.

INTRODUCTION

Matchmaking Agencies such as The MME Agency are like warriors battling to restore the faith in love and relationships, salvaging the traditional method of dating for those who still yearn for normalcy of the older generation.

With a tonne of options out there, people aren't particularly as mindful as they should be when assessing potentials cause they're distracted and excited to get to know the next potential Match. Online dating used to be a thing most people felt was not only intrusive but a desperate act of finding love. It was a thing most shied away from. However, thanks to online dating, We might soon have a whole new language for dating infused into schools' curriculums (Inserts emoji, a smile not a peach).

If you've been out of the dating game for a while then you'd be surprised at how much things have changed in 10 years. The dating community in 2020 has a special lingo and you need to get up to date and be a master of all to navigate your way through the pool of options to find The One.

TOP 50 DATING TERMS YOU NEED TO MASTER

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1. V - card

V stands for Virgin, so if you're still a virgin then you my dear, are carrying a V-card.

2. Vibing

If you connect with someone mentally and spiritually, you're Vibing.

3. Buff

This term is used to describe a beautiful person, one who is fit or attractive. A buff woman or man.

4. Peng

An urban term similar to Buff, also used to describe a person who is good looking.

5. Deepliking

A sly way of showing your interest in someone by liking almost every social media post especially ones that are old. It's quite easy to get carried away when scrolling through a person's social media page. Liking up-to 4 or 5 recent pictures is understandable but scrolling all the way down to post from a year or months ago, to leave a comment or a like can come across as a desperate attempt to show your interest.

6. Haunting

This term is similar to a person who Ghosts you but becomes a stalker. You find them popping up from time to time, liking your pictures on social media, sending you a happy birthday email or random messages.

7. Kray bae

A crazy baby or crazy boo - when the person you've been dating turns out to be a nutcase or might I add, a Narcissistic psycho.

8. Layby

Layby is like keeping your potential match on standby without their knowledge. If your new love interest isn't 70% close to your ideal match, you'd put them on a Layby to keep them warm and hopeful while you test the waters. If you run out of options they'd still be available for you - Harsh, I know.

9. Monkey-ing

We all know how Monkeys move, this is no different. Monkey-ing is when a person swings from one relationship to another like a Monkey looking for a banana without any time in between to gather their thoughts, experiences or heal any wounds that may have been caused while swinging through branches.

10. Peacocking

This is a man's way of getting a woman's attention. Similar to a Peacock that uses its feathers to attract a Mate. A man goes above and beyond with his sense of fashion and body language like pouting, flexing his chest or showing off his whip to get a woman's attention.

11. Catfishing

This term is derived from the US TV series Catfish, where both host Schulman and Joseph help people figure out if their online potential is real or not. In most cases the online matches pretend to be who they aren't by impersonating others who are unaware their picture is being used to catfish someone else. They also create a character to compliment their false image to deceive their match. The weird thing is, on occasion these Catfishes get carried away by their own deception and actually catch feelings in the process.

12. Stashing

There's a huge difference between being a private person who keeps their relationship private and one who keeps their relationship a secret.

Stashing is a dating trend where someone decides to hide their partner from everyone. No introductions to friends or relatives let alone a social media post.

13. Bot

Short for Robot – They are those annoying spammers or trolls on Social Media or Dating Apps who try to scam you or sell something to you with a weak pitch. They have a profile up with a highly vague bio and send you suspicious messages or sales pitches.

Imagine someone on instagram who sends you a Direct Message to boost your instagram followers for “X” amount of cost, guaranteeing you thousands and millions of real followers meanwhile they have 10 followers and hardly any like on their post – doesn’t add up.

With dating Apps they usually have a picture of someone who looks like a runway model or a person off a GQ Magazine, similar to Catfishing. If you show interest and entertain a conversation, then request a video call or some sort of proof of who they are, they fade away like a thief in the night.

14. R-Bombing

R-bombing is similar to ghosting but unlike ghosting that is finite, R-bombing is when you're temporarily ignored but it also gives you the same irritable feeling as being ghosted. If you send a message to your love interest and you clearly see them online but they respond to your message 24hrs later or perhaps they totally ignore the actual message and respond with something unrelated to what you sent hours later; my dear, you've been R-bombed. An R-bomber doesn't deserve your time.

15. Submarining

The name says it all - This is when you think you've got a good emotional connection with someone, everything seems to be going well and boom, your lover just Submarines, goes silent for months. You have no clue if they've been in an accident, arrested or relocated out of the country. You might even become an online stalker who checks their social media accounts just to make sure they're still alive or active, only for them to prop up from under water like a submarine to shore, picking up from where they left off. Meanwhile you've already left the beach.

16. Benching

Benching is a term used to describe a person who dates someone, leaves them on the bench while they hop on a bus towards datingville, dating other people without the knowledge of their benchee. A bencher usually entertains their victims; Yes victims, cause it only serves one person and it's a selfish opportunistic way of having their cake and eating it - They entertain their victims when they're bored, probably have nothing else better to do, or are in need of them to massage their ego. They have no plans to commit or any intentions to define their familiarity.

17. BRB

BRB is an acronym for Be Right Back. It's a common acronym used when texting.

18. WYD

WYD stands for What you doing? Common when texting but don't get used to it before you find yourself starting a professional conversation with "Hey Wyd".

19. FWB

An acronym that stands for a Friend With Benefit - A dating term that involves friends who strictly have a sexual relationship.

20. FBO

This stands for Facebook Official. It's when you decide to announce to the world you're officially hitched by changing your relationship status from single to in a relationship.

21. E-Fit

When the social media pictures of yourself are edited and displayed to give off a similar impression like an online dating profile. There are people who have found love on social media so you might as well be cautious of the sort of image you put out there. You never know where you meet your future spouse.

22. IRL

An acronym for In Real Life usually used to describe a dating encounter between people who meet online. For example If your friends should ask via Whatsapp or any messaging platform, how the interaction between you and your new love interest is going, you respond, "Well, but we haven't met in IRL"

23. ONS

An acronym that stands for One Night Stand. Have all the fun you need cause you're never going to see them again unless the universe decides to align your path in the future for an unfinished business. One night stand is common after a drunken night out. You wake up in the morning next to a stranger and wonder how in the world you got there.

24. DTR

An acronym for define the relationship - If you don't want to end up in a situationship then you need to DTR.

25. Ghosting

One minute you're on cloud 9 with your new boo, communication is consistent and pillow talk becomes a norm then suddenly out of nowhere, Poof! They disappear, and never return. Like death becomes them - That's Ghosting.

26. Cuffing Season

Cuffing season usually falls in Autumn and lasts between Winter and Spring. It's the period where people look for temporary commitment with someone to keep them warm and occupied during the season.

27. Recycling

A term used to describe a person who is prone to going back to their exes. They probably run out of options and if they find that their ex is available they'd Recycle them.

28. Tindstagramming

If you publicise your instagram handle on dating apps like Tinder, you're bound to get creeps in your inbox; you don't even have to swipe, they simply move from Tinder to Instagram.

29. Thirsty

Unlike Thirst Trap, Thirsty describes a person who comes off desperate for attention and affection. It's not solely based on a sexual nature and can be done either through verbal communication, social gatherings, social media captions or comments. A thirsty person lacks shame and they will do anything to get what they want. If you ever see someone on social media who constantly announces the fact that they're single, in need of a partner, trolls people's comments with how hot they look, slides into multiple DM's or flirts with a number of attractive people when out and about - that's Thirsty.

30. Thirst Trap

This term is used when someone shares a provocative picture of themselves to get people's attention with the sole intention to trap them, inevitably allowing their imagination to run wild. Thirst traps are usually very sexual - Social media is filled with a lot of thirst traps, Thick booties and mouth watering physics are all over the app. To find some examples of thirst traps, simply search the hashtags #Thirsttrap or #Thirsttrapping on Instagram.

31. Texttationship

A lot of people are in a texttationship but don't even know it. It's when you spend more time texting your love interest than you see them in real life. People in texttationship rarely go on dates, speak on the phone or even have a video conversation. 6 months go by and they realise they've only met twice - That's a texttationship, an absolute waste of time.

32. Situationship

This term describes a connection between two people who haven't established what they're doing. They aren't in a relationship but may have sexual relations, and it doesn't necessarily mean they're friends with benefits either cause some people date without having sexual intimacy till they commit. They could possibly be in an entanglement but one party is always left in the dark. One person may know exactly what the situation is and the other remains in limbo anticipating some sort of definition which never comes - That's a situationship.

Example : Woman : So where is this going? We've been dating for 6 months and I still don't know what we are? Man : Lol, I like you but i want to take things slow

33. Lovebombing

A person who goes above and beyond to impress you but usually has an ulterior motive - A narcissist is a perfect example of a Lovebomber. If you ever meet someone who showers you with a tonne of affection and attention for at least the first three months of dating, says all the right words and even gives you gifts without asking then suddenly changes and becomes a different person - that's lovebombing.

34. Curve

To curve someone is to avoid them or dismiss their advances. You may ignore their messages or respond in your time; months later after you receive a message. Curving feels just as bad as going for a job interview only to be rejected for the job you worked so hard to prepare for.

35. Cushioning

A term used to describe those who have back up plans while in a relationship. They maintain a form of connection with other people, keep them warm on the cushion, within their radar just in case their relationship doesn't work out.

36. Netflix And Chill

We can thank the global film streaming service; Netflix, for this term. Netflix and chill is when you're invited to hangout with your love interest to watch a movie and perhaps eat popcorn in the process but instead of eating popcorn you find yourself eating something else. To keep it simple, It's a dating term used to hang out and watch a movie you don't finish watching cause 10mins in, it leads to sexual activity.

37. Emojis

These are digital icons or graphics used to express an emotion or random activities. Emojis such as Aubergines, Peaches, Water Splash, Tongue e.t.c are all ways to describe a sexual feature or activity - It all depends on the context of the conversation it's used in.

38. Slide in the DM's

DM is an acronym for Direct Message. If you send a message to someone on Instagram or Twitter for example, you've slid in their DM. It does have its pros and cons; pros being that you can cultivate meaningful relationships, or friendships and cons such as marital affairs.

39. Gender Fluid

A term used to describe someone who doesn't see Gender. One day they can be a woman, another day a man and other days nothing. They're just human.

40. Pansexual/Pansexuality

Is when someone is attracted to all genders, including those who are gender fluid.

41. Polyandry

This is a relationship practice that involves a woman who establishes a relationship with two or more men.

42. Polyamorous

Poly / Polyamorous relationship is a practice that involves couples who establishes relationships with more than one partner. Couples in poly relationships may or may not be married and have permission to date whoever they choose. All parties involved are aware of one another and it's like a hippie-like relationship where love is love and it's shared with respect and honesty.

43. Kittenfishing

Unlike Catfishing where someone pretends to be who they really are by impersonating someone else, Kittenfishing is when someone presents themselves in a pretentious way. For example if you connect with someone online they may put up pictures that are 15 years old and act like it's a recent picture of them in real life, knowing fully well they no longer look the same.

44. Microcheating

Cheating certainly has levels and Microcheating is one of them. It is when you establish an emotional connection with someone but you don't go the whole way. Microcheating has more to do with the intention than the physical aspect of cheating. If you spend time texting someone or sneaking to have intimate conversations while you're in a committed relationship with someone else, You my dear, are Microcheating.

45.Breadcrumbing

Someone who acts like a tease - they know you fancy them but they lead you on for months or years and maintain infrequent communications without ever making plans to meet up.

46. Thick

Thick thighs save lives and being "Thick" is the new trend. It's become so trendy that women opt for surgery just to look the part. Thickness is a common feature among African women like Sarah Baartman . Also your favourite celebrity is most likely Thick and the likes of Cardi B, Megan Thee Stallion, Nicki Minaj, Beyonce, Kim Kardashian, Jennifer Lopez, Amber Rose and Demi Lovato to say the least, set the trend for all the beautiful shapes and sizes of Thickness.

47. X-factor

Not the UK/US TV show - If you've ever met someone who makes you feel all giddy inside your soul but you can't seem to pinpoint what it is, there's just this "je ne sais quoi" about them, the connection simply flows - They've got the X-factor.

48. Text blackhole

Similar to texttationship but in this case you spend time texting someone you fancy that you never actually get to meet in real life.

49. Roaching

Roaching is a dating term coined by AskMen, used to describe someone who doesn't disclose the fact that they also date other people while dating you, especially when you've established a relationship with them. A roacher acts oblivious when confronted about dating other people while being in a monogamous relationship with you.

"When you see one cockroach, there are many more you don't see" - AskMen

50. Myers-Briggs

This term is derived from the 16 Personality traits by Isabel Briggs Myers and Katherine Cook Briggs, based on the work of Carl Jung which highlights personality traits with the use of acronyms. If you're a fan of online dating and notice someone's profile which states his/her type of personality in a woman/man in the form of "ENFP" meaning (The Champion); Extroverted, Intuitive, Feeling, Perceiving or "ESTP" meaning (The doer); Extroverted, Sensing, Thoughtful, Perceiving - that's the Myers Briggs.

SUMMARY

The dating scene has changed drastically and if you've been out of the game for a while, these list of dating lingos will get you up to speed. Some of these terms have been sourced from platforms such as AskMen, Urban Dictionary and others through experience with words commonly found in Oxford Dictionary - I guess we all have our fair share of the wrath of dating one way or the other.

Dating can be fun if both parties enter it with honesty but when people start to act shady, it becomes heart wrenching and exhausting. If you're reading this, please be authentic with yourself and date with intention. Always treat people how you want to be treated.

Understandably feelings change and the emotional connection that once gave you butterflies fizzles out but in such scenarios, it's important you refrain from repressing your emotions, instead; be expressive and verbalise how you feel.

Commitment isn't for everyone, hence why there are those who prefer amatonormativity. I believe there's a special someone out there for you no matter what your preference is. Honesty is the best policy - through authenticity and a positive mindset, eventually you'd attract the right match.

SUMMARY

The MME Agency is a great way to meet like-minded singles. One who's keen to cultivate a meaningful relationship that will potentially lead to marriage. With a discreet and confidential matchmaking process, The MME Agency helps single professionals and entrepreneurs reduce the burden of dating with a personal touch, tailored to their specific criteria.

We provide a holistic traditional approach to dating which isn't solely based on helping you find your potential match offline but also a method that ensures you're mentally prepared for commitment.

Our matchmaking process is based on a one-one consultation that helps us assess your personality, lifestyle and socioeconomic background and in most cases, you get to see your potential partner in reality, for the first time through a Blind Date. Get in touch with Us today at www.themmeagency.com.

ABOUT THE AUTHOR

Mandy Mee is a personal matchmaker, dating coach, certified life and mindset coach and founder of The MME Agency, currently living and loving life in England. [of London, England.](#)

